Diary

July 3. Start of Term 3

July 11. Yr 7-9 Report distribution (during school)

July 17. Yr 10 SRC Activity

July 18. Parent Forum on Adolescence, 7-9 pm

July 24-26. Horse Riding Camp

July 25. VCE 2007 Info Evening, 7pm

July 26. 2007 Space Camp Info evening, 6.30 pm

July 27—29. Landcare Boho Camp

July 27. Math Competition

July 28. District indoor Hockey
   School Production rehearsal

July 30. Honjo High school arrive (to August 7)

Aug 1&2 Yr 7 AIM test

Aug 2. School production rehearsal and 7.30 pm Opening Night

Aug 3. 7.30pm School Production

Aug 4. 5.30 pm Honjo Farewell party. School Hall
   7.30 pm School Production

Aug 5. 7.30pm. School Production

Aug 7. Yr 9-10 Information evening

Aug 8. Yr 7 Hep B shots
New building development begins

On the last week of Term 2, we finally said a fond farewell to 8 of our older portable classrooms. As outlined in previous newsletters, a major redevelopment is taking place at the school, to coordinate with our **Leading Schools Fund** development in Term 4. Taken away by truck to new service in other government schools, the 8 old classrooms were removed by giant crane and special lift trucks. The concrete pathways and old steel verandas were all demolished. *(see Principal’s Report on Page 2 for further details)*
The City of Darebin is also completing work on Merri Park, including pathways and renovations to the baseball diamond. **For safety reasons, sections of the park will be out of bounds while this happens.**

Girls’ Sport History in the making!

The Girls Intermediate Football team made history on June 13th, a lucky day for us. Winning against arch rivals, Mill Park SC for the first time in 10 years, the Girls team were behind by 18 points at half time. After an inspiring speech by Mr Price, the girls returned to the game full of confidence. Five goals were kicked by Northcote in the second half. Steph. Harding kicked four goals, Caitlin Friend kicked 1 and Rebecca Johnston also kicked one. Aleesha Lovett was best on ground—her energy kept our game going. Congratulations to all our team, and to Captain Lucy Meany, who also kicked a goal.

*Stacey Bouterakos*

Thanks to Mr Price for driving us there and Jack Dalton, Dimitri Kynigopoulos and Charlie Curtis for umpiring the game

Principal’s Report

The end of semester brought with it a flurry of events, exams and learning activities. Right up to the last day of semester, our Year 10 students were out on work experience, our sporting teams were competing, our VCE coordinators were meeting with some students and parents to develop study support programs and all Year 10-12 reports were distributed.

**Partnering with Parents**

I want to draw your attention to some key parent evenings during early Term 3. These are important information evenings for students and parents as we work together to support students, monitor student progress and assist with Senior Years subject selections and transition to VCE:

- **Years 7-9 Reports** distributed in Week 2, Monday, July 11th
- **Parent Forum on Adolescence** in Week 3 on Tuesday, July 18th.
- “Year 10 moving to Year 11” VCE information in Week 4, July 25th
- “Year 9 moving to Year 10” Info and “Year 11 moving to Year 12” in Week 6

**Celebrating NHS, “A Northside Story”**

Over the holidays, our student performers and production staff held rehearsals for our school production, **“A Northside Story”**. We all look forward to the opening on August 2nd. There will also be a special 80th anniversary reception before the performance on Thursday, August 3rd.

**Facilities Projects are under-way**

We are very pleased to have started the multiple interconnected projects that will continue to improve our teaching and learning environments. All of those listed below are to be completed or started this semester.

*New classrooms and courtyard*- On the first day of Term 3, our students and teachers will be able to enjoy the vastly improved new classrooms that have
replaced the 8 old portables. They have also been configured to form a new courtyard area. It is wonderful to see this area develop to be more aligned to our other excellent facilities.

New Basketball Court - Early in Term 3, a new basketball court will be installed. This is a very important additional recreational and educational facility for our school and we are pleased to be able to make it jointly accessible to the community.

Improved Gym Parking - The gym parking lot will be expanded and realigned with a new bus garage placed for increased safety for students, staff and community.

New Locker Bay - The plans are drawn and a new locker bay will be constructed on the B block wall

Classroom/Library Improvements – At the end of Term 3, a new editing suite will be constructed next to the current Media classroom to support our growing Media program and the computer furniture in the library computer area will be upgraded.

Phase 1 of External Master Plan - We have worked with an architect to develop a whole school external master plan which includes external learning and social areas for students. The first phase will be completed this term with the development of the new courtyard in the new portable area. We will be applying this month for Federal funding through the Investing in Schools program to complete the second phase to develop the area outside the canteen with an outdoor amphitheatre, shade structure, seating, garden beds and the redesign of delivery drop off.

Leading Schools Fund Project - The facilities portion of our Leading Schools Fund Project will begin in Term 4 with the establishment of the ‘Global Citizenship Centre’ - a Year 9 learning centre. Midway through Term 4, the five remaining “old” portables will be moved, reconfigured, refurbished, roofed and connected to form a new “building” with flexible learning spaces for student and teachers to engage in project based activities supported by AV/ICT infrastructure.

These significant projects are possible thanks to the support of our School Council, the Education Department and the ongoing support of our parents. Thank you for working with us to support our students and teachers and further develop the quality teaching and learning environment we provide at NHS. We appreciate your ongoing support!

Gail Davidson
Principal

School Production Report

Opening Night Approaches!
There is a growing buzz in the halls of Northcote High School.... A Northside Story is just 4 weeks away from opening night! Our performers are excitedly anticipating the four shows taking place at the Northcote Town Hall on the 2nd – 5th of August.

Whilst the school holidays meant that the corridors and classrooms were
strangely quiet, the activity in the Hall barely stopped (see below right). We had rehearsals running every day of the holidays, most ran from 9 – 5 each day! Our group of 80 extremely dedicated and talented performers have been rehearsing solidly since early in Term 2. Rehearsals have been run by Mr Madden with assistance of Shane Woon, Vernice Petty, Anne Rassool the Music Staff. We have also been lucky enough to be assisted by some of the best choreographers and dancers in Melbourne. Dancers from The Space, Wiked Force Breakers and Swing Patrol have both inspired and taught our students some amazing new moves.

However, A Northside Story isn’t just acting, singing and dancing. The show has a large amount of multimedia supporting our on-stage performances. We have sourced amazing archival live footage and stills for a range of different parts of our history – from Miss Northcote in 1927 to NHS in the 1940’s! After securing the rights to the music for A Northside Story, our music department has finished transcribing the audio into sheet music for our school band. This was a huge task in itself – each song took many hours to transcribe! The NHS Student Action Team was lucky enough to catch up with ex-student John Cain Jnr. and the current Mayor of Darebin during term 2. The interviews have added a very special dimension to the show.

**How can you be a part of A Northside Story?**
With just 4 weeks until opening night, we need assistance with set building – specifically we need help with construction and painting. If you can volunteer a little of your time and expertise we would be grateful! If you feel that you have something else to offer the production, don’t hesitate to contact us. The next 4 weeks are going to be intense and we need all the help and support we can get!

**We are also looking for some of the following items for props:**
Very old single bed and frame
Oil lamp
1950’s style car door
Very old television (1950’s – 1960’s)
2 wooden barrels or crates

If you can help please contact Jody Neilson at the school.

**Tickets ON SALE Now!**
Tickets are now on sale from the general office. Tickets can be purchased in person or over the phone (9488 2301).

**Prices:**
Students/Concession/Ex-students: $15
Adults: $19

Thursday 3rd of August is the 80th year celebration for NHS. To celebrate, we would like to invite you to our pre-show drinks at the Northcote Town Hall. The night begins at 6pm and many ex-teachers and ‘Old Boys’ will be in attendance. Please note that there is a $4 surcharge on all tickets for this performance only, (this price includes wine and cheese before the show).

*A Northside Story is a show not to be missed!*
VCE, 2007, Information Evening, July 25

Parents are reminded that the VCE Information Evening will be held on Tuesday July 25th, in the school hall at 7 pm for all current Year 10 students and their parents.
Letters will be sent home with students in week 2 of Term 3. Please complete the reply slip and return it to the school.
The general structure of the Victorian Certificate of Education, the course selection process, career advice and pathway options will be outlined at the evening and students will receive their Course Selection Information packs.
It is a very important date on the school calendar for our Year 10 students and we look forward to seeing all our students and their parents at the evening.
Jocelyn Hill, Head of Senior School, Rosemary Butera and Angela Odorisio, Year 10 Coordinators.

Our Aeroskools Competition Stars

On Saturday 3rd June, five teams represented Northcote High in the Aeroskools Challenge, held at Ivanhoe Girls Grammar School. Each team performed a choreographed aerobics routine, which required a high level of strength, flexibility, co-ordination and anaerobic power. It was a successful day for Northcote, with one of our teams performing an outstanding routine to win the gold medal in the difficult level 2 group category. The gold medal team consisted of Caitlyn Cappelletti, Sarah Knight, Lisa-Ashleigh Matthews, and Alex Crameri. Other competitors who performed terrific routines in the level one trio and group divisions were Emily Batterham, Hilary Stephenson Rebecca Cappelletti, Stephanie Fiorentio, Zoe Chevalier, Phoebe Shiu, Dalah Kanjo, Renee Giannaula, Nikola Cvetkovski, Sarah Paleologou, Eve Walton-Healey, Bianca Le, Angela Shaw, Alice Marchesi, Georgia Marchesi and Libby Wongstein.
Congratulations to all girls for their dedication to training, positive attitude and wonderful team spirit! Well done!
Ms Melanie Bingham

The teams are now working hard for their performance in the State Championships, to be held on the Friday 11th August.

Miss Bingham
Aerobics Co-ordinator
2005 Annual Report released

Our 2005 Annual Report was approved at a special public meeting on Thursday June. Our Annual Report is now in the new regulation Education Department format of 11 pages, with an absence of educational jargon!

Our 2005 Annual Report shows a school with
Continued high level of enrolments
High Levels of parent satisfaction
Above state average AIM results for the last three years
Strong and consistent pathways for post Year 12 students and
Above average retention rates

The Annual Report also reviews the school finances and progress in Student learning, Student pathways and transition and Student wellbeing and engagement. It also outlines the exciting future directions for the school.

You can find a pdf copy of the Annual Report on our website (you will need Adobe to read it). A link is on the right hand side of our homepage at www.nhs.vic.edu.au.

Our General Office can also provide you with a copy.

Sporting Roundup – Our girls lead the way

After the world cup football fever to keep us awake, right through the school holidays we now get back to our own school sport. The end of term 2 saw Northcote compete in an array of District and Zone Sporting days. Much of our success was led by our girls -
(8 winning District teams) with all of their football and soccer teams winning. Our Intermediate Girls in Netball and Year 8 Girls in Badminton also won at the District level. Our Senior boys in Soccer finished a close second at the Zone play offs and our Senior girls won the Zone Soccer – off to the State play-offs. Our Year 7 and 8 boys both won at the District level in Badminton. Our Year 7 boys also won in Soccer at District Level. To further promote our success in girls sport - Bronwyn Humphreys of year 8 finished 8th in a field of 120 at the Zone Cross country in Bendigo (right).

She now runs at the State Cross country on Friday 28th July.

Other dates for Term 3 include:

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<tr>
<th>Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td>Tues 11th Jul</td>
<td>Zone Year 7/8 Boys/Girls Badminton – Reservoir</td>
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<tr>
<td>Tues 11th Jul</td>
<td>Zone 9/10 Girls Netball – Mill Park</td>
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<tr>
<td>Mon 17th Jul</td>
<td>Zone 7/8/9 Girls football – Capp Oval Thornbury</td>
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<tr>
<td>Tues 18th Jul</td>
<td>Zone 9/10 Girls Soccer – Sycamore Mill Park</td>
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<tr>
<td>Wed 19th Jul</td>
<td>Zone 7 Boys Soccer – Sycamore Mill Park</td>
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<tr>
<td>Wed 26th Jul</td>
<td>Zone 7 and 8 girls Soccer – Sycamore Mill Park</td>
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<tr>
<td>Fri 28th Jul</td>
<td>Yr 7,8,9,10 - District Indoor Hockey</td>
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<tr>
<td>Thurs 24th Aug</td>
<td>State 11/12 Girls Soccer – Darebin International Sports centre</td>
</tr>
<tr>
<td>Mon 28th Aug</td>
<td>District 9/10 Basketball, Hockey, Table Tennis, Squash</td>
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<tr>
<td>Fri 8th Sept</td>
<td>District 8 Basketball, Hockey, Table Tennis, Squash</td>
</tr>
<tr>
<td>Tues 12th Sept</td>
<td>District 7 Basketball, Hockey, Table Tennis, Squash</td>
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Bend it like Beckham!

Sensational soccer skills and positive team play characterise the year 7 and 8 girls soccer teams at NHS this year. With significant interest and enthusiasm, and the Socceroos 2006 World Cup Debut on the horizon, both teams took full teams and assistants to the district competitions. With each team member gaining an understanding of their roles and positions practiced eagerly during after school and lunch time training, both teams were rewarded by convincing victories over arch rivals.

On the 6th June, an excited Year 8 squad warmed up in cool conditions for their four matches. Co-captained by Tennile Thomas and Bronwyn Humphries, they cruised to a 3-0 victory against Reservoir unlucky to have their fourth goal denied by the referee because ‘he could not see’. They continued their team play winning convincingly against Thornbury 4-0. Preston Girls were exposed to some magic team play from Northcote with seven super goals scored, with exceptional crosses placed into the box, and five different goal scorers. With both Mill Park and Northcote having three victories under their belt, it would be the local derby which would determine who progressed. Having studied Mill Park’s tactics and style of play during their lunch break, NHS were confident they could emerge victorious despite Mill Parks well structured back line playing the offside trap confidently. A tense game progressed, with finally Jovee Reponia slotting home the winning goal for NHS!

A foggy morning greeted the excited Year 7 girls (right) on Friday June 9. With three other schools withdrawing from the competition, Mill Park would no doubt provide a tough opposition. The girls warmed up as a team, and took to the field in their positions. Within the first ten minutes, Mill Park approached our goal area with a break away play. Mel came off her line confidently yet, Mill Park managed to squeeze the ball into our net. Undeterred, NHS lifted and controlled the play in the midfield until Caitlin brought to the ground by three defenders in the penalty box. She slotted home the penalty, punched the air, and the NHS girls screamed from the sidelines. What followed was a barrage of goals, created by clever team play and brilliant passes until the final whistle blew. The final score was an impressive 8-1!

Both teams have progressed to the zone finals. With such dedication and fair team play, they should be congratulated on their commitment to training, and the way in which they represented our school. Thanks to Angie 9I, Jovee 8E and Laura 8E for their assistance. Watch out for the junior woman’s soccer teams at NHS- they can really ‘Bend it like Beckham!’  Ms P. Kelly

Adolescence Seminar for Parents,
July 18

Parenting is a demanding job, often with little outside support.
Northcote Highlights, with support from the school, has arranged a special session for parents especially with children in Years 7-9: “UNDERSTANDING ADOLESCENCE”

When: Tuesday 18 July
Time: 7.00 – 9.00 p.m. Tea/coffee on arrival
Where: The Library

The session will be run by 2 experienced practitioners: Michelle Bihary and Nicole Levy from The Delta Centre, Malvern. There will be scope for questions and discussion.

There is no need to book. Just turn up on the night! ALL PARENTS WELCOME!

Overseas Visitors update

Honjo High School (July 30– August 7)
Thanks to the families who said they would help with this annual visit from Honjo High School. This year, our plans were changed slightly when Honjo announced they were bringing 18 girls and only one boy! Apologies to the families who kindly volunteered to host a boy and missed out. Lachie Tranter, school captain, is looking after the single male Honjo student. A full program and personal details of students will be sent to host families shortly.

Huaibei High School (Mid August, TBC)
Our sister school in China is again visiting us for a week, with a large delegation of 15 students (13 girls and only 2 boys) and five teachers. We have not yet begun the process of establishing home of working out homestays for the 15 students, but will do so shortly. If you would like to volunteer now, please contact Mr Murphy at school. Students who are travelling to China in September, who have previously hosted a Chinese student, who are studying Chinese or went with the spectacularly successful Music tour of 2005, should all consider having a homestay. However, any parents and students who have not been involved before should also feel welcome to become involved. For many NHS students, the experience of having a homestay from our Chinese sister school is a profoundly valuable one.

Netball Update

YEAR 8 NETBALL
On Tuesday the 6th Northcote’s budding Netballers set out for glory at the district comp held at Mill Park. The girls played 3 games in the lead up to the final. They won each of these against; Northland (11-1), Lakeside (22-6) and Thornbury (11-5) to enter the final against Mill Park. Mill Park proved too strong in the end after a tough battle during the first half. Final scores 6-
Congratulations to Mill Park.
A fantastic effort by each of our girls. They played with skill, pride and maturity.

YEAR 7 NETBALL
On Friday 9th we took our best 8 year 7 netballers to play the districts. A tough match against Preston girls ended in an 8 all draw. That put the pressure on the rest of the day if they were to get into the grand final. Sure enough the girls were able to keep control defeating Northland 22 – 2 and Lakeside 14 – 8. After a percentage count they went into the final against Mill Park. Nerves took over the first quarter until the girls settled in to a come back. Behind all the way they came within 2 goals of the leaders who with a sudden surge won by 5 goals. Congratulations Mill Park again. Excellent sportsmanship, pride and motivation was displayed by each and every Northcote girl. They should be extremely proud of their efforts on the day.

Ms Megan Young

Space Camp Tour 2007—Info. evening

An information evening for interested parents and students will be held on Wednesday July 26 from 6.30-7.30 pm in A.1
For more information contact Ms Bennett


NORTHCOTE HIGH SCHOOL: Departing 27th March 07.
For more info: www.usainspacecamps.com.au

VISITING:
Kennedy Space Centre, Orlando, Florida
EPCOT at Disneyland and MGM Studios in Orlando.
"Up Close" tour of the Space Shuttle launch site at Cape Canaveral.
Attended a 6 Day "Space Camp" at the Space And Rocket Centre in Huntsville, Alabama.

FEATURES:
This is the trip of a lifetime. Two weeks (2500 km) travelling to the best space centres in the USA meeting space centre experts with hands on training. The tour includes all accommodation, both international and domestic flights, entry fees and all main meals. Open to students yrs 9-13.

See Ms Bennett or your Science Teacher for more details. This is the trip of a lifetime!
Study Tour To Italy 2007

The LOTE Faculty is once again offering students the opportunity to put their Italian skills to good use and visit Italy in 2007! It is expected that the study tour to Italy will take place from the 20th of September to the 4th of October. Most of this time is during the Term 3 vacation period.

Students will visit Rome, Florence (for intensive Italian language lessons) Pisa, Venice, Milan, as well as a homestay component in Udine where the group will visit an Italian school. Some of the features of the tour will be a visit to the Colosseum, the Vatican, La Scala opera house in Milan and a look at Leonardo Da Vinci’s masterpiece “The Last Supper”. The tour will include two half-day tours of Rome, a half day tour in Florence and Milan.

Costing at this stage is being finalised. If you are interested in finding out more, please complete the slip below by Friday 16th June and return it to Ms Fattore (in Room 12A).

EXPRESSION OF INTEREST- ITALY STUDY TOUR 2007

I ……………………………………………………………….. would like to receive further information about the Study Tour to Italy in September 2007.

(PRINT NAME OF PARENT/ GUARDIAN)

My child is……………………………………………………………………………. in Form ………………………

(NAME AND YEAR LEVEL OF STUDENT)

(SIGNATURE OF PARENT/ GUARDIAN)

Space Camp Tour program, 2007

Advanced Space Academy: Huntsville, Alabama.
The Advanced Space Academy is fully endorsed by NASA and offers hands-on training aimed at students between 15 and 18.
The students will participate in a rigorous program that teaches them about the mental, emotional and physical demands astronauts’ face and provides leadership training as well as learning the importance of teamwork. They will be able to focus on their own field of interest: Pilot, Mission Specialist and rotate roles in the Orbiter, Space Station and Mission Control. Computer and engineering skills are put to the test as the students design and test a virtual reality Mars rover as well as 1/6 gravity simulations, a Multi-Axis Trainer and a Neutral Buoyancy Trainer. (An Underwater SCUBA Trainer, a smaller version of the Underwater Astronaut Trainer)

Kennedy Space Centre: Cape Canaveral, Florida.
The group will also travel to Orlando, to visit the Kennedy Space Centre at Cape Canaveral, about the time of a shuttle launch. They will visit rocket launch sites, walk through a full-scale shuttle orbiter and see the new Apollo/Saturn V facility. They will participate in hands-on activities at the International Space Station Assembly building, view an IMAX movie as well as meeting and talking with an Astronaut. Included is an "Up Close" tour of the Space Shuttles landing and launch facilities as well as the massive Crawler Transporter and the Shuttle Vehicle Assembly Building. (160 metres tall)

EPCOT: Disney World, Orlando, Florida.
The group will spend a full day at the EPCOT Centre to see Future World including the Innoventions pavilion, Spaceship Earth, the Universe of Energy, Mission “Space”, Living Land and Seas displays that are out of this world. EPCOT also contains World Showcase, a Disney expo type presentation of the character and features of 11 nations of the world. Then the unbelievable evening fireworks display “Illuminations”.

Disney-MGM Studios: Disney World, Orlando, Florida.

A full day is set aside at Disney-MGM Studios for a day of showbiz, with spectacular shows and thrilling rides such as the Twilight Zone “Tower of Terror” and fantastic “Lights, Motor, Action” stunt car show. The action and thrills of movies and television culminates in the evening laser and water show “Fantasmic”.

**PROPOSED ITINERARY.**

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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Tues 27&lt;sup&gt;th&lt;/sup&gt; March</td>
<td>Flight from Melbourne to LA, then on to Orlando. Bus to Hotel.</td>
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<tr>
<td>Wed 28&lt;sup&gt;th&lt;/sup&gt; March</td>
<td>Bus to Epcot Centre for the day. (Future World and World Showcase)</td>
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<tr>
<td>Thur 29&lt;sup&gt;th&lt;/sup&gt; March</td>
<td>Bus to Kennedy Space Centre for day. (Launch site and Up Close tour, etc)</td>
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<tr>
<td>Fri 30&lt;sup&gt;th&lt;/sup&gt; March</td>
<td>Bus to Disney World for the day. (MGM Studios, spectacular shows &amp; rides)</td>
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<tr>
<td>Sat 31&lt;sup&gt;st&lt;/sup&gt; March</td>
<td>Early flight to Huntsville, Alabama. Overnight at Space Camp.</td>
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<tr>
<td>Sun 1&lt;sup&gt;st&lt;/sup&gt; April</td>
<td>Registration at Advanced Space Academy. (Pilot or Mission Specialist)</td>
</tr>
<tr>
<td>Mon 2&lt;sup&gt;nd&lt;/sup&gt; April</td>
<td>Student activities in Space Camp compound.</td>
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<tr>
<td>Tues 3&lt;sup&gt;rd&lt;/sup&gt; April</td>
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<tr>
<td>Wed 4&lt;sup&gt;th&lt;/sup&gt; April</td>
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<tr>
<td>Thurs 5&lt;sup&gt;th&lt;/sup&gt; April</td>
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<tr>
<td>Fri 6&lt;sup&gt;th&lt;/sup&gt; April</td>
<td>Graduation at approx 1pm, then departing Huntsville flight to Orlando.</td>
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<tr>
<td>Sat 7&lt;sup&gt;th&lt;/sup&gt; April</td>
<td>Depart Orlando for LAX for a brief stopover then on to Melbourne.</td>
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<tr>
<td>Sun 8&lt;sup&gt;th&lt;/sup&gt; April</td>
<td>Flight over the Pacific. (Crossing International Date Line)</td>
</tr>
<tr>
<td>Mon 9&lt;sup&gt;th&lt;/sup&gt; April</td>
<td>Arrive in Melbourne Airport approx 9.00am.</td>
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**Desperately seeking.....**

Can you sing, dance, play an instrument, juggle, belly dance, tap, fire twirl, ride a uni-cycle, tell really good jokes or magically make rabbits come out of a hat?

Then Northcote Highlights needs you!

**Hot August Night.... In September**

*Join us for a Hot August Night In September to celebrate the wonderful diversity of our community whilst wishing a fond farewell to the one and only Sally Clarke.*

The scene for this stunningly sophisticated evening scene is the NHS Hall on September 1st. Everyone will be welcome to join us for a glass of bubbles on arrival and the treat is to an evening of fun and entertainment.

BYO drinks; good will and platters to share. This is not a fundraiser - a gold coin will be your ticket to frivolity!

All enquiries, ESPECIALLY the volunteering kind - please contact Tina on 9486 5011 or 0422 764404

*September 1st, 2006*  
*NHS Hall - 7pm*
SHORT SCHOOL notiCes

PMC - What is this?
The Parents Music Committee! Great! How can I be involved? Come along to our next meeting!
Wednesday 12th of July @ 7.30pm (in the Music Department/Arts Block) Newcomers very welcome

Inappropriate Images on Mobile Phones
Parents and students are reminded that students may not store rude, violent or otherwise objectionable images on mobile phones that are brought to school. There have been several incidents where students have passed such images around at school recently. Parents, other students and staff have all been distressed as a result. Parents are asked to discuss this with their son or daughter. The school treats such images on a phone the same way as if they are brought to school in print.

Passing of Dr. Don Cave
The School community is saddened to learn of the recent passing of Donald Cave, Lecturer in History and Philosophy of Education in the Faculty of Education at Melbourne University and, for a considerable period of time in the 1980’s, a member of the Northcote High School Council, as a representative of the wider community. He will be remembered for his sense of humour, keen interest in all matters concerning NHS and for his deep knowledge and understanding of educational issues.

Parents/Guardians of Year 11 Students — beyondblue
In 2006 and 2007 our school is involved in the beyondblue schools research initiative. This is a national study involving Victorian, South Australian and Queensland Schools. In Victoria, the project is being managed by the Centre for Adolescent Health at the Royal Children’s Hospital. The aim of the beyondblue schools research initiative is to help schools promote the emotional well being of students and staff in schools. The Centre for Adolescent Health, with the schools approval would like the Year 11 students who have completed surveys for the project in the past to continue to participate in the survey again this year. In the following few weeks we will be asking these Year 11 students to take home a letter explaining the purposes of the survey, and a consent form for parents to sign to allow their child to participate in the survey.

Yrs 7-9 Report Distribution — July 11
Years 7-9 students will be given their reports in Period 3a on Tuesday July 11. Parents and guardians can expect them home that night.

Community Mail Bag

Student Exchange Australia Free information Evening, July 20
Student Exchange Australia is a not for profit organisation which is registered with all state and territory departments of education. They have arranged a free information evening for families to learn more about becoming an exchange student and the various scholarship options that are available. Place: Radisson on Flagstaff Gardens, 380 William Street Melbourne. Date: July 20 Time: 7.30-9.00 pm For more information: www.studentexchange.org.au. Phone 1300 135 331

Free Parenting Program
The Victorian Parenting Centre is offering a free 6 week program for all parents of adolescents aged 10-14 years. The ABCD program represents ideas and strategies shown to be helpful to families during the early teen years. It aims to help parents build stronger relationships with their adolescent and teaches strategies designed to prevent adolescent risk taking in the future. The program will be conducted in the local community and will be offered during the day and in the evening over 6 consecutive weeks. Please see www.vicparenting.com.au or call the Victorian Parenting Centre on 98660 3500 for more information.
Building Resilience and Victim’s Optimism
An Intervention Program for Victims of School Bullying

Research into bullying has shown that the highest levels of bullying occur in Years 7, 8, and 9. An average of around 20% of students in these years report being victimised on a regular basis. Research has also shown that being a victim of bullying can have serious short- and long-term effects, including low psychological wellbeing, poor social adjustment, psychological issues (including depression and anxiety), and physical illness. However, not all students show the same level of distress following bullying incidents. In fact, some students not only tolerate the bullying, but continue to thrive in the face of such adversity. These students are showing resilience to the effects of bullying. The skills these resilient victims are demonstrating are ones that can be taught.

Emma Wade (registered psychologist/PhD candidate), in conjunction with RMIT University, will be running a free 9-week program for Year 7 students who have been the victims of bullying (to be run in Term 3, at RMIT Psychology Clinic, Bundoora). The program is based on a two-year study that identified the skills that are required to become resilient to the effects of bullying. If you are concerned that your child is being bullied, and is not coping well, please register your interest to be involved by contacting

Emma Wade, C/O Division of Psychology, RMIT University, PO Box 71, Bundoora, 3083.
Or visit www.rmit.edu.au/psychology/bravo to register and read more about the program.

Dobson’s Uniform Shop
OPENING HOURS TUES: 12:30 - 4PM FRI: 8:30 - 11:30AM
Once again we are short of some items to sell 2nd hand. If you have RUGBY JUMPERS OR SKIRTS which you have outgrown and they are in good CLEAN condition please bring them in and recieve 70% of the selling price.

We apologise to students who are waiting for smaller size rugby jumpers on order. There have been delays at the manufacturing end of things!!

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